



HEALTHY FAMILIES

all children, all families, one community

Healthy Families has been supporting families and children in Hampton for almost 30 years using a community approach to serving children, youth, and families supported through a variety of free and/or low-cost programs designed to help strengthen families and promote school readiness.

Healthy Families offers 3 home visiting programs to meet the needs of our families and children – Healthy Start/Healthy Families America model, Parents as Teachers, and the Hampton-Newport News Community Services Board/Parents As Teachers.

Healthy Start

Healthy Start, accredited through Healthy Families America, provides Home Visiting services for young families residing in the City of Hampton. Home Visiting is a proven family strengthening strategy in which trained professionals bring support and parent education information to families in their homes during their children's first five years. Home visiting services connect families to community resources to help reduce family stressors. Home visiting is voluntary, flexible (works around the needs of the family), and effective (proven positive results for children and parents).

PROGRAM GOALS FOR HEALTHY START HOME VISITING PROGRAMS INCLUDE:

- Reducing child maltreatment
- Improving parent-child interaction and relationships
- Improving children's social and emotional well being
- Increasing school readiness
- Promoting positive parenting
- Promoting child physical health and development
- Increasing family self-sufficiency
- Decreasing childhood injuries and emergency room visits

Parents As Teachers

Hampton Healthy Families Partnership provides the Parents As Teachers Home Visitation Model, funded by the MIECHV (Maternal, Infant, Early Childhood, Home Visiting) grant. Parents As Teachers provides parent education, promotes optimal growth and development, and supports strong, positive parent child relationships. Parents As Teachers is a voluntary, research based, outcome driven home visiting program. Parents As Teachers serves families with children ages 0-5 years. Parents As Teachers offers a flexible home visiting schedule and also provides group activities for enrolled families.

NATIONAL OUTCOMES FOR PARENTS AS TEACHERS INCLUDE:

- Children participating in Parents As Teachers outscored their peers on measures of school readiness, and school achievement.
- Parents As Teachers participation helps to reduce the need for special education services
- Children show advanced development in language, social development and problem-solving skills
- Parents who participate in Parents As Teachers take an active role in their children's schooling

Hampton-Newport News Community Services Board/ Parents As Teachers

Hampton Healthy Families formed a collaboration with the Community Services Board in January 2016. Through this collaboration, families receive targeted case management services along with the Parents As Teachers program. These services are in place for families experiencing mental health issues, substance abuse, and/or family violence. Families are eligible for this program if they receive Medicaid and have a child age 0 – 3 years of age.

2021 HOME VISITING COMMUNITY IMPACT:

- 893 families served
- 98% of participating children show significant attachment to nurturing adult
- 93% of participating children are up to date with immunizations
- 91% of participating children are connected to a primary care provider
- 98% of participating children are screened for developmental delays and 100% are referred (with parental consent) to appropriate early intervention services.
- 96% of participating prenatal enrollees are connected to and attend prenatal care visits.

Healthy Families FY 2022 Budget

¹ Includes City funding, Healthy Families of VA Grant, MIECHV grant, PSSF grant & HFP Inc. allocation

² Includes City funding, PSSF grant & HFP Inc. allocation

³ Includes City funding & HFP Inc. allocation

⁴ Includes City funding & HFP Inc. allocation

⁵ Includes City funding for fixed & Leadership and Management costs

	Amount	%
Healthy Start ¹	\$2,486,518	49.11%
Parent Education ²	\$355,530	7.02%
School Age Programs ³	\$1,062,697	20.99%
Youth Civic Engagement	\$19,349	.38%
Mayor's Book Club ⁴	\$17,350	.34%
Infant & toddler Connection	\$914,997	18.07%
General Administration ⁵	\$207,017	4.09%
TOTAL	\$5,063,458	100%

Mayor's Book Club:

The Mayor's Book Club promotes early literacy and a love of reading and strives to increase the likelihood that children grow up in an environment where books are available and literacy is valued. Each month between September and May, the mayor and community volunteers read the selected book-of-the-month to nearly 4,000 children in 200 preschool, kindergarten, and first grade classrooms. Each child enrolled in preschool classes receives a copy of the selected book. Kindergarten and first grade classrooms receive copies of the books to add to their classroom library, as well as a copy for their school library. Parents of all 4,000 children receive a monthly newsletter with tips on how to bring that month's story to life as well as reading tips and recommendations on local free or low-cost community events that tie-in with the book-of-the-month. Beyond the classroom the Mayor's Book Club now provides literacy materials to food pantries, Little Libraries and other community partners where children and families can be inspired by receiving a free book.

2021 COMMUNITY IMPACT:

- 3740 Hampton children served in the 28 school-based programs
- 942 children served by the community-based literacy program
- 16,965 books distributed

School-Age Programs:

School Age Programs strives to support the social, physical, educational and emotional growth of all children in a safe, caring, structured environment. The high quality before and after school programs are designed to promote the positive well-being of the whole child.

2019-2020 COMMUNITY IMPACT:

- 1320 children participated
- 96.9% Participating students attend each school day
- Average test score on Math SOL was 449
- Average test score on English SOL was 442



Youth Civic Engagement:

Inspires and cultivates tomorrow's leaders through a variety of youth development experiences. Youth and teenagers participate in activities and events through youth/adult partnerships within neighborhoods, schools and organizations to address important youth concerns. Young people engage in a continuum of opportunities as active contributors, and build skills for effective citizenship. Hampton channels the passion and volunteer spirit of youth into a broad range of civic opportunities with a formal role in governance through the Youth Commission and meaningful chances to make a difference.

2021 COMMUNITY IMPACT:

- 3152 children attend Al's Pals
- 54 children attend Pre-School Enrichment
- 207 children attend Elementary school Enrichment
- 97 youth attend Middle school Enrichment
- 157 youth learning "Youth Commission"

Infant & Toddler Connection:

The Infant & Toddler Connection of Hampton/Newport News provides early intervention services through Part C of the Individuals with Disabilities Education Act (IDEA). Services address the developmental needs of each eligible child from birth to age three and the needs of the family related to enhancing the child's development.

The Infant & Toddler Connection provides families with the information and support needed to access early intervention services and to make decisions for their child and family about how early intervention service providers will be involved in their family's life.

2021 COMMUNITY IMPACT:

- 587 children served
- 100% of the children found eligible received an Individual Family Service Plan within 45 days
- 100% of the children served received services in the Natural environment

Parent Education:

Parenting Classes, Workshops and Playgroups provide timely and interesting programs to parenting and caring adults beneficial to understanding child and family development. Facilitated programs inform and encourage family bonding and positive interactions to strengthen skills and relationships. Programs and classes are open to all families with varying needs and experiences from expectant and new parents, to those with young and school-aged children, to parents of teens. All programs are designed to help families nurture safe, self-reliant, smart and caring children.

2021 COMMUNITY IMPACT:

- 1,381 adults/children participated in 75 parenting classes & workshops and 24 playgroups
- 80% retention rate for class attendance

Young Family Center:

Young Family Centers are located in all branches of the Hampton Public Library system. The centers provide educational materials and practical information on child growth and development, parenting and family life along with children's crafts and activities to encourage bonding and exploration. Programs and resources such as Babygarten, and pre-school story-time support early literacy development and engagement. Lifelong literacy connections are furthered through MotherRead/FatherRead programs, summer reading clubs, computer skill building and the availability of digital platforms.

2021 COMMUNITY IMPACT:

- 5,848 checkouts in the Young Family Centers



(757) 727-1300 • 100 Old Hampton Lane, Hampton, VA 23669 • www.hampton.gov/healthyfamilies

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